

PE1708/F

Scottish Parliamentary Corporate Body submission of 1 August 2019

The SPCB welcomes all measures to promote a balanced approach to healthy eating. At the Parliament we have always striven to meet the needs of all our customers, providing for as many different dietary requirements as possible as a matter of course, including a daily vegan option. We have attached a sample menu from a business day which shows the various dietary options available and there is also a deli counter and salad bar which offer additional healthy choices. As a wide range of dietary options are included in our menu development and pricing structure, we do not incur any additional costs. We do our utmost to keep up with users' dietary choices and welcome feedback from our customers to assist with designing our catering provision.

Today's Lunch Menu / Clàr-bidh Lòn an latha an-diugh

Tuesday 11th June

(D)- No dairy containing ingredients, (G)- No gluten containing ingredients,

(N)-Contains nuts

(Vg)- Suitable for vegans, (V)- Suitable for vegetarians

All our chicken is Halal

SOUP

Cream of leek & potato(V)(G)

116Kcal

Chunky Scottish beef & mushroom

337Kcal

£1.20/£1.65

MAIN MEAL

Thai steamed fillet of Scottish salmon,

coconut rice and broccoli (D)

566Kcal

£4.60

Mozzarella, pesto and baby spinach pasta bake

with garlic bread (V) (N)

696Kcal

£3.20

Butternut squash &
mushroom stew (Vg)(D)
427Kcal

£3.20

SNACK MEAL

Vegetarian sausage roll (V)

Scotch pie

£1.65

DESSERT

Traditional Scottish cranachan with real dairy cream

463Kcal

£1.20

Warm apple crumble with custard

564Kcal

£1.15

If you would like information on the allergen content of our foods, please speak to a member of staff who will be happy to assist.

Customer information - Due to the food labelling legislation we are not able to label our soups dairy free or no gluten containing ingredients as the bouillon we use may contain traces of eggs, milk & gluten.

A bouillon free option of one soup will be available on request daily.